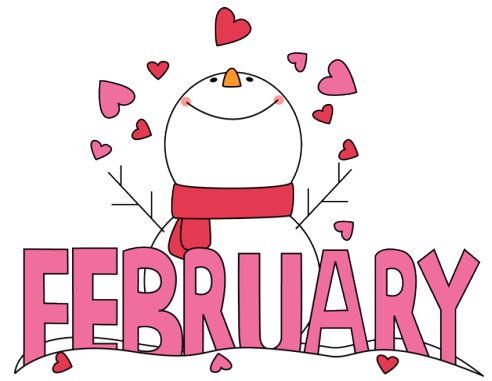
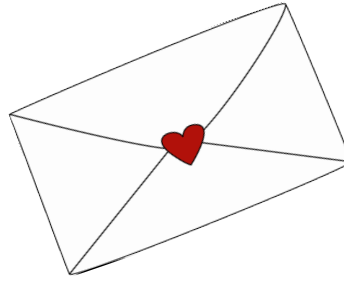


# Tiger Tales

Madison Elementary  
510 N. Palmetto Ave.  
Marshfield, WI 54449  
February 2020



## From the Desk of Mrs. Scheer

“Setting goals is the first step in turning the invisible into the visible.” – Tony Robbins. Each day at Madison we work hard on our goals. Students are making goals and timelines to achieve those goals. In February, we will be focusing on working toward our goals and I am proud of all of the students who are demonstrating positive behavior, academic growth, and a positive growth mindset. Remember you can contact me at any time by calling the school or emailing me [scheer@marshfieldschools.org](mailto:scheer@marshfieldschools.org). Thank you for being an important part of our #madisonfamily!

## Madison Elementary is on Instagram

Follow us @madisonelemmarshfield on Instagram to see the latest activities and happenings! Tag us with the hashtags #madisonfamily & #madisonproud  
Scan the QR code to get started!



## Madison Elementary is on YouTube

<https://www.youtube.com/channel/UCLq6EC5jFuVDOP9a7O08P5g>



## Madison Happenings & Events

February 3 – February 14: Bounty of Love Collection for Soup or Socks  
February 3 & 4: Parent Teacher Conferences  
February 6: 100<sup>th</sup> Day of School  
February 10 – February 21: PTO Fundraiser – Clark Pizza  
February 12: School Board meeting – 7:30 Board of Education Office  
February 17: No School

## Congratulations!!!! PBIS Monthly Winners

Super Tiger: Student of the Month – Grayson & Madison (grade 4)  
Tidy Tiger: Cleanest Room – Mrs. Trulen's 1<sup>st</sup> Grade  
Golden Spoon: Excellent Cafeteria Manners – 1<sup>st</sup> Grade  
Growth Mindset Teacher of the Month – Mrs. Ruggles

## Growth Mindset Monthly News

**February:** A Goal without a Plan Is Just a Wish - This month we will focus on performance goals versus learning goals. A performance goal is designed to make a student look smart and capable, while a learning goal is designed to help a student learn, regardless of performance.



## Madison PTO

A great way to get involved at Madison School is to become part of our parent teacher organization (PTO). We have an active and supportive PTO to which we are truly thankful. Look for our PTO on Facebook or email than at [madisonpto510@gmail.com](mailto:madisonpto510@gmail.com) PTO is looking for a few new board members. Our Secretary and Vice President will be leaving us at the end of the school year. If you are interested in one of these positions, please let Kate Tucker, PTO president, know. me know. If you would like to share the position with another parent, that would work well too.

## Remind

Sign up for text updates from Madison Elementary. Please sign up using the code for the grade level your student is in. You will need to sign up for each grade level.

4K: @d7kbc  
Kindergarten: @63k3c8  
1<sup>st</sup> Grade: @madison1st  
2<sup>nd</sup> Grade: @f9369a  
3<sup>rd</sup> Grade: @b6k4b4f7  
4<sup>th</sup> Grade: @6de286  
5<sup>th</sup> Grade: @29ab6h  
6<sup>th</sup> Grade: @fc92bag



text the code to  
81010

## Registration Information

It is time to verify your information in Skyward Family Access in the *Request Changes* section. Log into Family Access and click on the *Student Info* tab. This will allow you to update and submit changes for district approval at any time. If you will not be returning to the School District of Marshfield in September, please notify us of the city, state, and school where you will be moving. This can be done by clicking on the *Contact Us* tab in the upper right-hand corner of Family Access. You can also share this information with your school office as soon as you know. If you have moved during the school year or will be moving before the start of the new school year and want your child to remain at the school they are currently attending OR if you are requesting your student attend a school other than their neighborhood school for the upcoming school year, please complete the *Intradistrict Student Transfer Request* found on Family Access under Online Forms. Students currently in 4K will be placed at their neighborhood school. Current 6th grade students will receive further information from the Marshfield Middle School. Open house information and teacher placement will be in Family Access in mid-August.

## Summer School

Parents look for the Summer School registration online April 14-23. You can register your child(ren) online through Skyward Family Access. Summer school courses are fun and they keep students learning new and exciting things throughout the summer.



## School Closings

Radio Stations WDLB (AM 1450) and WOSQ (FM 92.3) will announce any school closings due to inclement weather. Other options for checking on school closings are to go on the school district's website at [www.marshfieldschools.org](http://www.marshfieldschools.org) or to watch channels 7 or 9 out of Wausau. The school district will also use an automated text messaging system to send an automated message to families announcing any school closings.

ON DAYS WHEN THE WEATHER BECOMES STORMY AND SCHOOL IS ALREADY IN SESSION, WE ASK THAT YOU NOT CALL THE SCHOOL TO SEE IF THE CHILDREN WILL BE DISMISSED EARLY. Again, we ask that you listen to the radio stations listed above since they will announce any school closings that occur during the school day or check on the websites or TV stations listed above. In the event that school is closed early, it is especially important for working parents to make special arrangements for their children. Please devise a plan of action so that your children know where they should go in case school is closed during the day due to inclement weather.

## #wellnesswednesday



# Introducing..... #WellnessWednesdays

We are excited to share information with you on a variety of topics related to Health & Wellness!

Like Us On   
facebook

@SchoolDistrictofMarshfield

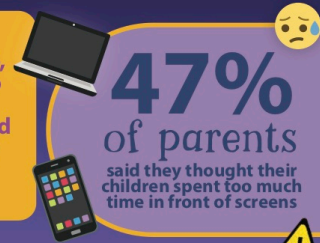


# From the Media Specialist

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



## What parents need to know about SCREEN ADDICTION



### HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

### LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

### LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



### CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

### APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



**National Online Safety**



## Top Tips for Parents



### LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

### LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

### REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

### LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

### MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

### ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

### STATISTICS

**52%** of children aged 3-4 go online for nearly 9hrs a week

**82%** of children aged 5-7 go online for nearly 9.5hrs a week

**93%** of children aged 8-11 go online for nearly 13.5hrs a week

**99%** of children aged 12-15 go online for nearly 20.5hrs a week

Children and Parents: Media Use and Attitudes Report 2018

SOURCES: <https://www.independent.co.uk>, Children and Parents: Media Use and Attitudes Report 2018: <https://www.ofcom.gov.uk>, <http://uk.businessinsider.com>/how-app-developers-keep-us-addicted-to-our-smartphones, Journal of Youth Studies <https://www.mirror.co.uk/tech/one-five-kids-losing-sleep-9653986>, University of Leeds: [https://med.heart.leeds.ac.uk/news/article/1296/lack\\_of\\_sleep\\_damaging\\_for\\_children](https://med.heart.leeds.ac.uk/news/article/1296/lack_of_sleep_damaging_for_children)

Bounty of Love

# ♥♥Bounty of Love Drive♥♥

This February Madison School is going to do a school-wide collection for Soup or Socks! We are going to spread love by sharing with others!

\* Soup or Socks is a non-profit Food Pantry and Clothes Closet in Marshfield. \*

**Collection period for the donations will begin Monday, February 3<sup>rd</sup> and go through Friday, February 14<sup>th</sup>**

**Our School GOAL is: 323 items**

That is one item per student. If you are able please bring in your items by February 14<sup>th</sup>.

**Listed below are the items Soup or Socks is in need of at this time.**

**Food Items:**

- Jelly
- Mayonnaise (small jars)
- Miracle Whip (small jars)
- Pasta Roni Mixes
- Rice-A-Roni Mixes

**Non-Food Items:**

- Kleenex
- Paper Towel
- Dish Soap
- Laundry Soap
- (Pods that can be separated or small bottles)
- \*The Dollar Store is a great resource for these items.
- Toilet Paper
- Garbage Bags
- All Purpose Cleaner

Let's make this Valentine's Day GREAT by working together to meet our goal!!!!

"These activities are not sponsored nor endorsed by the Marshfield School District or any of its schools. The district assumes no responsibility for the conduct during or safety of the activities. Marshfield School District shall be held harmless from any cause of action, claim, or petition filed in any court of administrative tribunal arising out of the distribution of these materials including attorney's fees and judgments or awards."


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# BREAKFAST

Madison Elementary

February 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Whole Grain Cereal String Cheese Fruit Cup Milk	4 Breakfast Bread Fresh Fruit 100% Fruit Juice Milk	5 <b>HOT</b> Pancake Bites Fruit Cup 100% Fruit Juice Milk	6 <b>HOMEMADE GRANOLA</b> Strawberries/Blueberries Dried Cranberries Milk	7 <b>HOT</b> Cinnamon Roll 100% Fruit Juice Fruit Cup Milk
10 Breakfast Kit <i>(includes cereal, crackers and 100% juice)</i> Fruit Cup Milk	11 Yogurt Cup Frozen Crackers 100% Fruit Juice Milk	12 <b>HOT</b> Soft Filled Cereal Bar Fruit Cup Fresh Fruit Milk	13 Purple Daze Smoothie Scooby Crackers Fresh Fruit Milk	14 <b>HOT</b> Mini Waffles Fruit Cup 100% Fruit Juice Milk
17 <b>No School Today</b> 	18 Whole Grain Muffin String Cheese Fruit Cup Milk	19 <b>HOT</b> Fruit Strudel Fresh Fruit 100% Fruit Juice Milk	20 <b>HOMEMADE GRANOLA</b> Strawberries/Blueberries Dried Cranberries Milk	21 <b>HOT</b> Whole Grain <sup>NEW</sup> Breakfast Sandwich Fruit Cup 100% Fruit Juice Milk
24 <b>HOT</b> Oatmeal String Cheese 100% Fruit Juice Milk	25 Mini Cream Cheese Filled Bagels Fruit Cup 100% Fruit Juice Milk	26 <b>HOT</b> Mini French Toast Fruit Cup Fresh Fruit Milk	27 <b>HOMEMADE COFFEECAKE</b> Nasonville Dairy Cheese Fruit Cup Milk	28 <b>HOT</b> Breakfast Pizza Fruit Cup 100% Fruit Juice Milk

  
Farm to School

See website for a food allergen/pork listing

**MEAL PRICES**  
Breakfast Prices:  
Paid (Elementary): \$1.35  
Paid (MS/HS): \$1.50  
Reduced: \$0.25  
Adult/Seconds: \$2.00

**Lunch Prices:**  
Paid (Elementary): \$2.70  
Paid (Middle School): \$2.80  
Paid (High School): \$3.00  
Reduced: \$0.40  
Adult/Seconds: \$3.75  
Second Entrée: \$2.25  
Milk: \$0.40

**ICE COLD MILK**  
OPTIONS:  
Fat Free White  
Low Fat White  
Fat Free Chocolate  
\*All Meals Include

All grain and bread products are 100% whole grain



Menus are subject to change.

This institution is an equal opportunity provider.

# Breakfast Menu



# LUNCH

Elementary

## February 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Mac & Cheese w/ Diced Ham Fresh Apple Slices Peaches Fresh Carrots Green Beans	<b>4</b> Soft Shell Taco Fiesta Beans Applesauce Orange Wedges Lettuce, Tomatoes, Cheese	<b>5</b> Cheeseburger on a Bun <b>Fresh Clementine</b> Pears Fresh Carrots Steamed Corn	<b>6</b> Chicken Snack Wrap Fresh Apple Dried Cranberries Garden Salad w/ Tomatoes Celery Sticks	<b>7</b> Homemade Chicken Noodle Soup w/ Crackers Fresh Grapes & Pineapple Fresh Broccoli Steamed Peas <b>Orange Sorbet</b>
<b>10</b> Pepperoni Pizza Mandarin Oranges Apple Slices Fresh Carrots Mixed Vegetables	<b>11</b> Spaghetti w/ Meatballs Garlic Toast Fresh Apple Mixed Fruit Garden Salad w/ Tomatoes Radishes	<b>12</b> Chicken Patty on a Bun Orange Wedges Pears Garden Salad w/ Tomatoes Baked Beans	<b>13</b> French Toast Sticks w/ Little Snookies Applesauce Fresh Grapes Crunchy Carrots Cool, Crisp Cucumbers <b>Strawberry Milk</b>	<b>14</b> Heart Shaped Chicken Nuggets Apple Slices Mixed Berries Fresh Broccoli Steamed Corn <b>Featured: Cherry Slushy</b>
<b>17</b> No School 	<b>18</b> Taco Salad Fiesta Beans Peaches Orange Wedges Lettuce, Tomatoes, Cheese	<b>19</b> Mini Corn Dogs Apple Slices Pineapple Fresh Carrots Green Beans <b>V-Blend Juice</b>	<b>20</b> Creamed Chicken over Mashed Potatoes w/ Bun Orange Wedges Juicy Pears Garden Salad w/ Tomatoes Fresh Broccoli	<b>21</b> Hot Cheesy Sticks w/ Marinara Sauce <b>Fresh Clementine</b> Strawberries Cucumbers Steamed Corn
<b>24</b> Chicken Strips Orange Wedges Mixed Fruit Fresh Carrots Steamed Broccoli	<b>25</b> Cheese Pizza Applesauce Peaches Fresh Cauliflower Steamed Peas	<b>26</b> BBQ Pork on a Bun Orange Wedges Dried Cranberries Garden Salad w/ Tomatoes Coleslaw	<b>27</b> Chicken Nuggets Fresh Grapes Mixed Berries Baked Beans Fresh Broccoli	<b>28</b> Spaghetti w/ Meat Sauce Garlic Toast Juicy Pears Fresh Apple Slices Crunchy Pepper Sticks Garden Salad w/ Tomatoes

Farm to School



Meatless Entree



Featured Recipe



See website for food allergens, carbohydrate counts, pork product list and all featured recipes. [www.marshfieldschools.org](http://www.marshfieldschools.org)

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**MEAL PRICES**  
**Breakfast Prices:**  
 Paid (Elementary): \$1.35  
 Paid (MS/HS): \$1.50  
 Reduced: \$0.25  
 Adult/Seconds: \$2.00

**Lunch Prices:**  
 Paid (Elementary): \$2.70  
 Paid (Middle School): \$2.80  
 Paid (High School): \$3.00  
 Reduced: \$0.40  
 Adult/Seconds: \$3.75  
 Second Entree: \$2.25  
 Milk: \$0.40

### Online Meal Payments

Online meal payments are now available. Payments can be made through your Family Skyward Access. If you do not have your username/password, please stop into your school office.



All of our homemade breads and buns are 100% whole grain and baked fresh daily.



Ice cold milk options available daily: fat free white, low fat white, and fat free chocolate.

# Lunch Menu